

# Menu

**Serving fantastic lunches everyday** - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our meat is Red Tractor Farm Assured, our fish is MSC certified and we also use a number of Free Range and Organic products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily and where schools require one, a filled baked potato or a range of hot sandwiches wraps or Paninis.

	Monday	Tuesday	Wednesday	Thursday	Friday Favourites
<b>Choice 1</b>	Pork Meatballs & Pasta in a Tomato Sauce (v) Option Available	Homemade Chicken Korma	Roast Pork with Sage & Onion Stuffing & Gravy	Lancashire Beef Burger in a Bun with Tomato Ketchup	Homemade Pizza Margherita (v)
<b>Choice 2</b>	Loaded Potato Skins & Garlic Mayo Dip (v)	Vegetarian Brunch (v)	Pasta Neapolitan (v)	Homemade Cheese & Potato Flan (v)	Crispy Fish Goujons
<b>Desserts</b>	Chocolate & Mandarín Sponge	Fruit Jelly & Ice Cream	Cheese & Biscuits & Fresh Fruit	Melting Moments	Choc Ice

	Meat-Free Monday	Tuesday	Wednesday	Thursday	Friday Favourites
<b>Choice 1</b>	Pasta in Tomato & Mascarpone Sauce (v)	Homemade Chicken Balti	Roast Chicken with Sage & Onion Stuffing & Gravy	Savoury Mince Cobbler	Fresh Pork Sausage in a Finger Roll with Onions & Tomato Relish
<b>Choice 2</b>	Free Range Cheese Omelette (v)	Vegetarian Pasta Bolognese (v)	Hot Filled Panini (v)	Homemade Margherita Pizza (v)	Birds Eye Fish Fingers
<b>Desserts</b>	Lemon Drizzle Cake	Shortbread Biscuit with Fresh Fruit	Peach Melba	Fruity Flapjack	Raspberry Bun

	Monday	Tuesday	Wednesday	Thursday	Friday Favourites
<b>Choice 1</b>	Oven Baked Pork Sausages (v) Option Available	Cajun Chicken Savoury Rice	Topside of Beef Yorkshire Pudding & Gravy	Chicken Tikka Masala	Rosie's Chili Barco Wrap SCOTY 2017
<b>Choice 2</b>	Tomato & Red Pepper Pasta Bake (v)	Homemade Deep Pan Pizza (v)	Mac & Cheese Bites	Cheese Whirl Puff (v)	Harry Ramsden's Chip Shop Battered Fish Fillet
<b>Desserts</b>	Cheese & Biscuits & Fresh Fruit	Summer Fruit Eton Mess	Chocolate Banana Muffin	Ice Cream Roll & Fruit	Cook's Cookie Choice & Milkshake

## Weekly Menu Cycle

- Week 1
- Week 2
- Week 3

Apr/May



May/June



Jun/July



Jul/Aug/Sept



Sep/Oct



Oct/Nov



Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Change 4 Life campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.