

Menu

Serving fantastic lunches everyday - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our meat is Red Tractor Farm Assured, our fish is MSC certified and we also use a number of Free Range and Organic products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily and where schools require one, a filled baked potato or a range of hot sandwiches wraps or Paninis.

| Week 1 | Monday | | Tuesday | | Wednesday | | Thursday | | Friday Favourites | | |
|--------|----------|---|--|---|--|---|--|---|--|---------------------------------------|--|
| | Choice 1 | Pork Sausages & Gravy (Vegetarian Option Available) | Creamed Potatoes & Winter Cabbage | Homemade Chicken Balti | Mixed Rice & Naan Bread | Roast Pork with Sage & Onion Stuffing & Gravy | Roast Potatoes Baton Carrots & Winter Greens | Lancashire Beef Burger in a Bun with Tomato Ketchup | Homemade Potato Wedges Corn on the Cob & Salad Bar | Homemade Chinese Chicken Curry | 1/2 Mixed Rice & 1/2 Chunky Chips |
| | Choice 2 | Crispy Bubble Coated Salmon Fillet | Homemade Baked Potato Wedges & Baked Beans | Jumbo Birds Eye Fish Finger Wrap served with Salad & Lemon Mayonnaise | Herby Diced Potatoes Sweetcorn & Garden Peas | Red Pepper & Tomato Pasta (v) | Garlic Dough Balls & Green salad | Cheese Whirl (v) | Savoury Potatoes & Baked Beans | Homemade Pizza Margherita (v) | Chunky Chips or New Potatoes & Garden Peas |
| | Desserts | Lemon Muffin | Fresh Fruit Bar Fruit Yoghurt Cool Milk | Fruity FlapJack | Fresh Fruit Bar Fruit Yoghurt Cool Milk | Mandarin Sponge & Custard | Fresh Fruit Bar Fruit Yoghurt Cool Milk | Creamy Rice Pudding & Jam | Fresh Fruit Bar Fruit Yoghurt Cool Milk | Cook's Choice of Muffin (Gluten Free) | Fresh Fruit Bar Fruit Yoghurt Cool Milk |

| Week 2 | Meat-Free Monday | | Tuesday | | Wednesday | | Thursday | | Friday Favourites | | |
|--------|------------------|---|---|-------------------------------|---|--|---|-------------------------------|--|--|--|
| | Choice 1 | Linda McCartney Sausages in Yorkshire Pudding & Gravy (v) | Homemade Baked Potato Wedges Peas & Sweetcorn | Homemade Meat & Potato Pie | Mushy Peas & Sliced Beetroot | Roast Chicken with Sage & Onion Stuffing & Gravy | Creamed Potatoes Baton Carrots & Broccoli | Homemade Lancashire Hotpot | Garden Peas & Red Cabbage | Hot Dog Sausage in a Bun with Tomato Sauce (Vegetarian Option available) | Chunky Chips or New Potatoes & Mushy Peas |
| | Choice 2 | Free Range Cheese Omelette (v) | Crispy Diced Potatoes & Baked Beans | Tomato & Mascarpone Pasta (v) | Garlic Dough Balls & Side Salad | Savoury Mince Onepot (v) | Baton Carrots & Winter Cabbage | Homemade Pizza Margherita (v) | Homemade Baked Potato Wedges & Baked Beans | Chip Shop Crispy Battered Fish Fillet | Chunky Chips or New Potatoes & Garden Peas |
| | Desserts | Peach Crumble & Custard | Fresh Fruit Bar Fruit Yoghurt Cool Milk | Homemade Sticky Parkin Slice | Fresh Fruit Bar Fruit Yoghurt Cool Milk | Raspberry Bun | Fresh Fruit Bar Fruit Yoghurt Cool Milk | Jam Sponge & Custard | Fresh Fruit Bar Fruit Yoghurt Cool Milk | Cook's Choice of Cookie & Fresh Fruit | Fresh Fruit Bar Fruit Yoghurt Cool Milk |

| Week 3 | Monday | | Tuesday | | Wednesday | | Thursday | | Friday Favourites | | |
|--------|----------|--|---|----------------------------------|---|---|---|--------------------------------|--|---|--|
| | Choice 1 | Pork Meatballs & Onion Gravy (Vegetarian Option Available) | Creamed Potatoes & Garden Peas | Homemade Chicken Korma | Mixed Rice & Naan Bread | Roast Beef with Yorkshire Pudding & Gravy | Roast Potatoes Cabbage & Baton Carrots | Cowboy Bean Bake | Broccoli & Homemade Crusty Bread | BBQ Chicken in a Bun Served with Lettuce & Mayonnaise | Chunky Chips or New Potatoes & Garden Peas |
| | Choice 2 | Tomato Pasta Bake (v) | Garlic Bread & Side Salad | Homemade Pizza Margherita (v) | Homemade Baked Potato Wedges Peas & Sweetcorn | Hot Filled Sub Roll (v) | Tortilla Chips & Tomato Salsa | Homemade Cheese Pie (v) | Savoury Potatoes Baton Carrots & Sliced Beetroot | Birds Eye Omega3 Fish Fingers | Chunky Chips or New Potatoes & Garden Peas |
| | Desserts | Cheese & Biscuits & Fresh Fruit | Fresh Fruit Bar Fruit Yoghurt Cool Milk | Shortbread Biscuit & Fresh Fruit | Fresh Fruit Bar Fruit Yoghurt Cool Milk | Apple Crunchie Tart & Custard | Fresh Fruit Bar Fruit Yoghurt Cool Milk | Chocolate Cookie (Gluten Free) | Fresh Fruit Bar Fruit Yoghurt Cool Milk | Cook's Choice of Muffin & Milkshake | Fresh Fruit Bar Fruit Yoghurt Cool Milk |

Weekly Menu Cycle

- Week 1
- Week 2
- Week 3

Nov/Dec

| | | | | |
|-----|-----|-----|------|-----|
| Mon | Tue | Wed | Thur | Fri |
| 6 | 7 | 8 | 9 | 10 |
| 13 | 14 | 15 | 16 | 17 |
| 20 | 21 | 22 | 23 | 24 |
| 27 | 28 | 29 | 30 | 1 |
| 4 | 5 | 6 | 7 | 8 |

Dec/Jan

| | | | | |
|-----|-----|-----|------|-----|
| Mon | Tue | Wed | Thur | Fri |
| 11 | 12 | 13 | 14 | 15 |
| 18 | 19 | 20 | 21 | 22 |
| 25 | 26 | 27 | 28 | 29 |
| 1 | 2 | 3 | 4 | 5 |
| 8 | 9 | 10 | 11 | 12 |

Jan/Feb

| | | | | |
|-----|-----|-----|------|-----|
| Mon | Tue | Wed | Thur | Fri |
| 15 | 16 | 17 | 18 | 19 |
| 22 | 23 | 24 | 25 | 26 |
| 29 | 30 | 31 | 1 | 2 |
| 5 | 6 | 7 | 8 | 9 |
| 12 | 13 | 14 | 15 | 16 |

Feb/Mar

| | | | | |
|-----|-----|-----|------|-----|
| Mon | Tue | Wed | Thur | Fri |
| 19 | 20 | 21 | 22 | 23 |
| 26 | 27 | 28 | 1 | 2 |
| 5 | 6 | 7 | 8 | 9 |
| 12 | 13 | 14 | 15 | 16 |
| 19 | 20 | 21 | 22 | 23 |

Mar/Apr

| | | | | |
|-----|-----|-----|------|-----|
| Mon | Tue | Wed | Thur | Fri |
| 26 | 27 | 28 | 29 | 30 |
| 2 | 3 | 4 | 5 | 6 |
| 9 | 10 | 11 | 12 | 13 |
| 16 | 17 | 18 | 19 | 20 |
| 23 | 24 | 25 | 26 | 27 |

Apr/May/June

| | | | | |
|-----|-----|-----|------|-----|
| Mon | Tue | Wed | Thur | Fri |
| 30 | 1 | 2 | 3 | 4 |
| 7 | 8 | 9 | 10 | 11 |
| 14 | 15 | 16 | 17 | 18 |
| 21 | 22 | 23 | 24 | 25 |
| 28 | 29 | 30 | 31 | 1 |

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Change 4 Life campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.