

Menu

Serving fantastic lunches everyday - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our meat is Red Tractor Farm Assured, our fish is MSC certified and we also use a number of Free Range and Organic products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily.

Week 1	Monday		Tuesday		Wednesday		Thursday		Friday Favourites		
	Choice 1	BBQ Chicken Melt	Herby Diced Potatoes Green Beans & Carrots	Jumbo Fish Finger Wrap	Baked Potato Wedges Garden Peas & Sweetcorn	Roast Pork Sage & Onion Stuffing & Gravy	Creamy Mashed Potatoes Seasonal Cabbage & Carrots	Beef Burger In a Bun with Tomato Ketchup	Crispy Paprika Potatoes & Sweetcorn Cobette	Tempura Battered Fish Goujons	Oven Baked Chips or New Potatoes & Garden Peas
	Choice 2	Vegetarian Brunch (v)	Hash Brown & Baked Beans	Sweet Potato & Red Pepper Curry (v)	Mixed Rice & Naan Bread	Pasta in a Neapolitan Sauce (v)	Homemade Garlic Bread & Mixed Salad	Cheddar Cheese Puff Pastry Whirl (v)	Crispy Paprika Potatoes & Baked Beans	Homemade Margherita Pizza (v)	Oven Baked Chips or New Potatoes & Vegetable Sticks
	Choice 3	Soft Wholemeal Bun with a Choice of Fillings	Herby Diced Potatoes & Vegetable Sticks	Baked Jacket Potato with a Choice of Fillings	Mixed Salad & Apple Coleslaw	Soft White Roll with a Choice of Fillings	Tortilla Chips & Vegetable Sticks	Baked Jacket Potato with a Choice of Fillings	Mixed Salad & Apple Coleslaw	Soft Tortilla Wrap with a Choice of Fillings	Oven Baked Chips & Mixed Salad
	Desserts	Vanilla Sponge & Chocolate Sauce	Fruit Yoghurt Fruit Selection Organic Milk	Fruity Shortbread Biscuit	Fruit Yoghurt Fruit Selection Organic Milk	Strawberry Jelly & Orange Wedges	Fruit Yoghurt Fruit Selection Organic Milk	Seasonal Berry Muffin	Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Cheesecake & Mandarins	Fruit Yoghurt Fruit Selection Organic Milk

Week 2	Meat-Free Monday		Tuesday		Wednesday		Thursday		Friday Favourites		
	Choice 1	Fishwich Burger In a Bun with Tomato Ketchup	Baked Potato Wedges Garden Peas & Sweetcorn	Pork Meatballs in a Tomato Sauce	Penne Pasta & Garlic Dough Balls	Roast Beef Yorkshire Pudding & Gravy	Roast Potatoes Broccoli Florets & Carrots	Chicken & Vegetable Curry	Mixed Rice & Naan Bread	Golden Crumb Omega 3 Fish Fingers	Oven Baked Chips or New Potatoes & Garden Peas
	Choice 2	Tomato Pepper & Pasta Bake (v)	Homemade Garlic Bread & Mixed Salad	Vegetarian Sausage & Onion Gravy (v)	Creamy Mashed Potatoes Green Beans & Carrots	Quorn & Vegetable Chilli Tortilla Boat (v)	Baked Potato Wedges & Mixed Salad	Homemade Lancashire Potato & Butter Pie (v)	Broccoli Florets & Sliced Beetroot	Friday Picnic Mini Pizza & Veggie Sausage Roll (v)	Oven Baked Chips or New Potatoes & Sweetcorn Cobette
	Choice 3	Baked Jacket Potato with a Choice of Fillings	Mixed Salad & Apple Coleslaw	Soft White Roll with a Choice of Fillings	Tortilla Chips & Vegetable Sticks	Baked Jacket Potato with a Choice of Fillings	Mixed Salad & Apple Coleslaw	Pork Sausages In a Bun with Tomato Ketchup	Herby Diced Potatoes & Baked Beans	Soft Wholemeal Bun with a Choice of Fillings	Oven Baked Chips & Mixed Salad
	Desserts	Chocolate & Mandarin Muffin	Fruit Yoghurt Fruit Selection Organic Milk	Apple Sponge & Custard	Fruit Yoghurt Fruit Selection Organic Milk	Summer Treat Dessert	Fruit Yoghurt Fruit Selection Organic Milk	Oat & Raisin Cookie	Fruit Yoghurt Fruit Selection Organic Milk	Raspberry Ripple Ice Cream Sponge Roll	Fruit Yoghurt Fruit Selection Organic Milk

Week 3	Monday		Tuesday		Wednesday		Thursday		Friday Favourites		
	Choice 1	Pork Sausages Yorkshire Pudding & Gravy	Creamy Mashed Potatoes Seasonal Cabbage & Carrots	Salmon & Sweet Potato Fishcake & Lemon Mayonnaise	Crispy Paprika Potatoes & Broccoli Florets	Roast Chicken Sage & Onion Stuffing & Gravy	Baby Baked Potatoes Seasonal Cabbage & Carrots	Pasta in a Beef Bolognaise Sauce	Homemade Garlic Bread & Mixed Salad	Crispy Battered Fillet of Fish	Oven Baked Chips or New Potatoes & Mushy Peas
	Choice 2	Homemade Cheddar Cheese Flan (v)	Herby Diced Potatoes & Baked Beans	Tomato & Mascarpone Pasta (v)	Homemade Garlic Bread & Mixed Salad	Quorn & Butternut Squash Curry (v)	Mixed Rice & Naan Bread	Lancashire Cheese Free Range Omelette (v)	Baked Potato Wedges Garden Peas & Sweetcorn	Homemade Vegetable Pizza (v)	Oven Baked Chips or New Potatoes & Sweetcorn Cobette
	Choice 3	Soft White Roll with a Choice of Fillings	Tortilla Chips & Vegetable Sticks	BBQ Chicken & Salad Wrap	Crispy Paprika Potatoes & Apple Coleslaw	Soft Wholemeal Bun with a Choice of Fillings	Baby Baked Potatoes & Vegetable Sticks	Baked Jacket Potato with a Choice of Fillings	Mixed Salad & Apple Coleslaw	Soft Tortilla Wrap with a Choice of Fillings	Oven Baked Chips & Mixed Salad
	Desserts	Seasonal Berry Eton Mess	Fruit Yoghurt Fruit Selection Organic Milk	Lancashire Cheese & Crackers with Apple Wedges	Fruit Yoghurt Fruit Selection Organic Milk	Peach Slices & Ice Cream	Fruit Yoghurt Fruit Selection Organic Milk	Jam Sponge & Custard	Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Cookie & Milkshake	Fruit Yoghurt Fruit Selection Organic Milk

Weekly Menu Cycle	Week 1					Week 2					Week 3				
	29	30	1	2	3	4	5	6	7	8	9	10	11	12	13
	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27
	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3
6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	
23	24	25	26	27	28	29	30	31	1	2	3	4	5	6	
11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	
18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Change 4 Life campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.