

WEEK ONE	Fresher Autumn/Winter 2020	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY FAVOURITES	
	Choice 1	Pork or Veggie Sausages & Onion Gravy	Mashed Potatoes Broccoli Florets & Carrot Batons	Crispy Fish Fillet Salad & Mayo Flatbread	Paprika Potatoes Garden Peas & Sweetcorn	Roast Beef Yorkshire Pudding & Gravy	Roast Potatoes Seasonal Cabbage & Carrot Batons	Chinese Style Chicken Curry	Mixed Savoury Vegetable Rice	Golden Crumb Omega 3 Fish Fingers	Oven Baked Chips or New Potatoes & Garden Peas
	Choice 2	Vegetable Korma Curry (v)	Mixed Rice & Naan Bread	Veggie Meatball & Spaghetti Marinara (v)	Garlic Bread & Salad Selection	Mixed Vegetable Omelette (v)	Half Baked Potato & Baked Beans	Cheesy Bean & Potato Bake (v)	Broccoli Florets & Carrot Batons	Pizza Margherita (v)	Oven Baked Chips or New Potatoes & Sweetcorn
	Dessert	Vanilla Sponge & Custard	Fruit Yoghurt Fruit Selection Organic Milk	Strawberry Jelly & Fresh Fruit	Fruit Yoghurt Fruit Selection Organic Milk	Flapjack & Apple Slices	Fruit Yoghurt Fruit Selection Organic Milk	Lancashire Cheese & Crackers with Grapes	Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Cookie & Milkshake	Fruit Yoghurt Fruit Selection Organic Milk
WEEK TWO	MEAT FREE MONDAY	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY FAVOURITES			
	Choice 1	Vegetarian Brunch (v)	Hash Brown & Baked Beans	Traditional Cottage Pie	Seasonal Cabbage & Sliced Beetroot	Roast Chicken Sage & Onion Stuffing & Gravy	Baby Potatoes Broccoli Florets & Carrot Batons	British Beef Burger & Tomato Ketchup	Potato Wedges Garden Peas & Sweetcorn	Crispy Battered Fish	Oven Baked Chips or New Potatoes & Mushy Peas
	Choice 2	Cheddar Cheese & Onion Slice (v)	Paprika Potatoes & Broccoli Florets	Tomato & Mascarpone Pasta (v)	Garlic Bread & Salad Selection	Quorn Tikka Masala Curry (v)	Mixed Rice & Naan Bread	Spaghetti Neapolitan (v)	Garlic Bread & Salad Selection	Pizza Margherita (v)	Oven Baked Chips or New Potatoes & Baked Beans
	Dessert	Seasonal Fruit Crumble & Custard	Fruit Yoghurt Fruit Selection Organic Milk	Lancashire Cheese & Crackers with Grapes	Fruit Yoghurt Fruit Selection Organic Milk	Vanilla Muffin & Melon Wedges	Fruit Yoghurt Fruit Selection Organic Milk	Strawberry Jelly & Fresh Fruit	Fruit Yoghurt Fruit Selection Organic Milk	Ice Cream Sponge Roll	Fruit Yoghurt Fruit Selection Organic Milk
WEEK THREE	MONDAY	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY FAVOURITES			
	Choice 1	Pasta Bolognaise	Garlic Bread & Salad Selection	Cod & Salmon Fishcake	Herby Potatoes & Mixed Vegetable Medley	Roast Pork Sage & Onion Stuffing & Gravy	Roast Potatoes Seasonal Cabbage & Carrot Batons	Creamy Chicken Tikka Curry	Mixed Rice & Naan Bread	Chunky Fish Finger Salad & Mayo Wrap	Oven Baked Chips or New Potatoes & Garden Peas
	Choice 2	Veggie Meatballs & Gravy (v)	Mashed Potatoes Broccoli Florets & Carrot Batons	Sweet Pepper French Bread Pizza (v)	Herby Potatoes & Freshly Prepared Salad Selection	Penne Pasta Arrabbiata (v)	Garlic Bread & Salad Selection	Pork or Veggie Sausage in a Bun & Tomato Ketchup	Baby Potatoes & Broccoli Florets	Pizza Margherita (v)	Oven Baked Chips or New Potatoes & Sweetcorn
	Dessert	Chocolate Sponge & Custard	Fruit Yoghurt Fruit Selection Organic Milk	Vanilla Cookie & Apple Sices	Fruit Yoghurt Fruit Selection Organic Milk	Fresh Fruit Medley & Vanilla Ice Cream	Fruit Yoghurt Fruit Selection Organic Milk	Lancashire Cheese & Crackers with Grapes	Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Cupcake & Orange Wedges	Fruit Yoghurt Fruit Selection Organic Milk